

YOUR KIDS DONT NEED MORE THINGS

They Need You to Get On the Floor and PLAY With Them

By Jazmine L. Ramzy

My daughter asked me to play dolls with her. I was washing dishes. Mentally running through my to-do list. Thinking about the laundry, the emails, the grocery I needed to order, the dinner I had not planned yet. Not right now, sweetie. Mama is busy. She walked away. Quiet. Small. Ten minutes later, I was scrolling my phone. She asked again. Mama, can you play now? In a little bit, okay? She did not ask a third time. That night, after she was asleep, I checked Amazon. I had been thinking about getting her that expensive doll set she wanted. The one with the house and the accessories and all the things. Maybe for her birthday, I thought. She will love it.

[Full article continues with research, frameworks, and actionable steps]